

Aston May 2012 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 Fitness & Fun 2:00 Ice Cream Social w/ Our friends from Eaton 3:30 One to One Visits	2 11:00 Fitness & Fun 1:30–3:30pm Neighborhood Strolls 2:00 Men’s Group <i>Studio</i> 2:30 Seated Dance <i>Recreation Room</i> 3:30 One to One Visits	3 11:00 Balloon Volleyball 1:45 Open Art Studio 2:00 Music Therapy w/ Leslie Chan 3:30 Reminiscing Corner	4. No Morning Programs! 2:30 Happy Hour w/ Avril <i>Recreation Room</i> 5:00 Cinco de Mayo <i>Recreation Room</i>	5. 10:00 Seated Yoga <i>Recreation Room</i> 1:45 Sing Along <i>Recreation Room</i>
6. 11:00 Fitness & Fun 2:30 Rick Steves European Travelogue <i>Recreation Room</i>	7 11:00 Fitness & Fun 1:30 Clothes Line Day 2:00 Roman Catholic Mass <i>Recreation Room</i> Hand Hygiene Awareness Day!	8 11:00 Fitness & Fun 1:30 Birthday Party on Neighborhood 	9 11:00 Fitness & Fun 12:00 Hot Dog Day! <i>Art Studio</i> 1:30–3:30pm Neighborhood Strolls 3:30 One to One Visits	10 11:00 Pet visit w/ Ruffus 2:30 Mother’s Day Tea w/ Deb Miles <i>Recreation Room</i> 3:30 One on One Visits	11 No Morning Programs! 2:00 Music Therapy w/ Leslie Chan Spring Cleaning!	12 10:00 Seated Yoga <i>Recreation Room</i> 1:45 Trivia <i>Recreation Room</i>
13 Mother’s Day 11:00 Creative Group Project/ Crafts 2:30 Sunday Service w/ Nancy Ford Anglican Communion Service <i>Recreation Room</i>	14 11:00 Fitness & Fun 1:30 Music memories w/ Daniel O’Donnell & Helping Hands	15 11:00 Fitness & Fun 1:30 Outdoor Adventure 6:30 David Masters <i>Recreation Room</i>	16 11:00 Parachute 1:30 Manicures 2:00 Men’s Group <i>Studio</i>	17 11:00 Morning Strolls 1:45 Open Art Studio 3:30 Reminiscing Corner	18 No Morning Programs! 2:00 Music Therapy w/ Leslie Chan 2:30 Happy Hour with Swing Street <i>Recreation Room</i>	19. 10:00 Seated Yoga <i>Recreation Room</i> 1:45 Movie Afternoon <i>Recreation Room</i>
20 11:00 Fitness & Fun 2:30 Sunday Service w/ Cornerstone Christian Fellowship <i>Recreation Room</i>	Victoria Day Sorry No Programs	22 No Morning Programs! 2:00 High Tea with Mr. Lynn Dennis on piano <i>Recreation Room</i> 6:30 Conservatory of Music Cello Students <i>Recreation Room</i>	23 11:00 Fitness & Fun 1:30–3:30pm Neighborhood Strolls 3:30 One to One Visits	24 11:00 Pet visit w/ Ruffus 1:45 Open Art Studio 2:00 Music Therapy w/ Leslie Chan 3:30 One on One Visits	Garage Sale Today from 12:00-2pm	26 Selkirk Waterfront Festival 1:45 Tea Party <i>Recreation Room</i>
27 11:00 Baking 2:30 Sunday Service w/ Rev. Alanna Menu Recreation Room	28 11:00 Fitness & Fun 1:30 Discovery Cart	29 11:00 Fitness & Fun 1:30 Outdoor Adventure	30 11:00 Fitness & Fun 1:30–4pm Neighborhood Strolls 2:30 Celebration of Life <i>Recreation Room</i>	31 11:00 Pet visit w/ Ruffus 1:45 Open Art Studio 3:00 Resident Meeting Conference Room 3:30 Reminiscing Corner	All programs will take place on Aston unless another location is noted. Everyone Welcome!	