



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1.</p> <p>10:00 Fitness 10:45 Reminiscence 11:30 One to One Visit 2:00 Bingo <i>Recreation Room</i> 2:00 Ice Cream Social 3:15 What Do You Know?</p>	<p>2. Water Plants</p> <p>10:00 Fitness 10:45 Brain Game 2:00 Men's Group <i>Art Studio</i> 2:30 Music with Rachelle 2:30 Seated Dance <i>Recreation Room</i></p>	<p>3.</p> <p>10:00 Fitness 10:45 Trivia w/ Eva <i>Studio</i> 1:45 Open Art Studio 3:15 Music memories Daniel O'Donnell</p>	<p>4. Water Plants</p> <p>10:00 Fitness Pet visiting With Maggie 10:45 News & Views 10:30 Tai Chi <i>Sunroom</i> 2:00 Happy Hour Birthday Party With Avril <i>Recreation Room</i> 5:00 Cinco de Mayo Dinner (Sign up) <i>Recreation Room</i></p>	<p>5.</p> <p>10:00 Yoga <i>Recreation Room</i> 1:45 Sing Along <i>Recreation Room</i></p>
	<p>6.</p> <p>2:30 Rick Steves European Travelogue <i>Recreation Room</i></p>	<p>7. Water plants</p> <p>10:00 Fitness 10:45 Word Games Hand Hygiene Awareness 1:30 Crafts 2:00 Roman Catholic Mass & Communion <i>Recreation Room</i> 3:00 Hymn Sing on <i>Fenton Lounge</i></p>	<p>8.</p> <p>10:00 Fitness 10:45 Discussion group 1:15 Van Drive with Fenton 2:00 Bingo <i>Recreation Room</i> 3:30 One to One visit</p>	<p>9 Water Plants</p> <p>10:00 Fitness 10:45 Brain Game 11:45 BBQ Hot dogs Lunch with Aston and Bolton 2:00 Men's Group <i>Art Studio</i> 2:30 Music w/ Rachelle 3:00 Neighborhood Strolls 6:15 Piano and singing with Maureen Maguire <i>Recreation Room</i></p>	<p>10</p> <p>10:00 Fitness 10:45 Trivia w/Eva <i>Studio</i> 2:30 Mother's Day Tea Party With Deb Miles <i>Recreation Room</i> 3:15 Comedy Hour DVD 3:30 One to One Visit</p>	<p>11. Water Plants</p> <p>10:00 Fitness Pet visiting 10:45 News & Views 10:30 Tai Chi <i>Sunroom</i></p> <p>Spring Cleaning No Afternoon Programs</p>
<p>13 Mother's Day</p> <p>2:30 Sunday Service Anglican Communion Service <i>Recreation Room</i></p>	<p>14. Water Plants</p> <p>10:00 Fitness 10:45 Word Games 1:15 Scenic Drive With Dayton 3:45 One to One visit</p>	<p>15.</p> <p>10:00 Fitness 10:45 Reminiscing 2:00 Bingo <i>Recreation Room</i> 2:15 Manicures & Gentle Touch 3:30 One to One Visit 6:30 David Master <i>Recreation Room</i></p>	<p>16. Water Plants</p> <p>10:00 Fitness 10:45 Brain Game 11:30 One to One visits 2:00 Men's Group 2:30 Music w/with Rachelle 3:00 Neighborhood Strolls</p>	<p>17.</p> <p>10:00 Fitness 10:45 Trivia w/Eva <i>Studio</i> 1:45 Open Art Studio 3:15 Music memories Daniel O'Donnell</p>	<p>18. Water Plants</p> <p>10:00 Fitness Pet visiting With Maggie 10:45 News & Views 10:30 Tai Chi <i>Sunroom</i> 2:00 Happy Hour with Swing Street <i>Recreation Room</i></p>	<p>19.</p> <p>10:00 Yoga <i>Recreation Room</i> 1:45 Movie Afternoon <i>Recreation Room</i></p>

Calendars for additional programs on each floor are available at nursing stations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20.</p> <p>2:30 Sunday Service With Rev. Alana Menu Recreation Room</p>	<p>21. Victoria Day</p> <p>Sorry No Programs</p> 	<p>22. Water plants</p> <p>10:00 Fitness</p> <p>10:45 Reminiscing</p> <p>2:30 High Tea with On Piano Lynn Dennis Recreation Room</p> <p>4:00 One to One visit</p> <p>6:30 Cello Student Recreation Room</p>	<p>23.</p> <p>10:00 Fitness</p> <p>10:45 Discussion group</p> <p>2:00 Men's Group Art Studio</p> <p>2:30 Music with Rachelle</p> <p>3:00 Neighborhood Stroll</p>	<p>24. Water plants</p> <p>10:00 Fitness</p> <p>10:45 Trivia with Fenton Studio</p> <p>3:15 Comedy Hour DVD</p> <p>3:30 One to One visit</p>	<p>25.</p> <p>No Programs</p> <p>12-2 Garage Sale Recreation Room</p>	<p>26.</p> <p>Selkirk Waterfront Festival</p>
<p>27</p> <p>2:30 Sunday Service With Cornerstone Christian Fellowship Recreation Room</p>	<p>28. Water plants</p> <p>10:00 Fitness</p> <p>10:45 Word Games</p> <p>1:15 Scenic Drive with Gladstone</p> <p>3:30 One to One visit</p>	<p>29.</p> <p>10:00 Fitness</p> <p>10:45 Surprise Activity</p> <p>2:00 Bingo Recreation Room</p> <p>2:15 Baking</p> <p>4:00 One to One visit</p>	<p>30 Water plants</p> <p>10:00 Fitness</p> <p>10:45 Brain Game</p> <p>11:00 One to One visits</p> <p>2:00 Men's Group Art Studio</p> <p>1:00 Travelling Library</p> <p>2:30 Celebration of Life Recreation Room</p> <p>2:30 Music with Rachelle</p> <p>3:00 Neighborhood Stroll</p>	<p>31.</p> <p>10:00 Fitness'</p> <p>10:45 Trivia w/Eva Studio</p> <p>1:45 Open Art Studio</p> <p>3:00 Resident Meeting Conference Room</p> <p>3:15 Music memories Daniel O'Donnell</p>	<p>Open Fitness Studio</p> <p>Mondays, Tuesdays</p> <p>Wednesdays and Thursdays</p> <p>1:15- 3:00</p>	<p>Market Place Hours</p> <p>Monday 1-2</p> <p>Tuesday 1-2</p> <p>Wednesday 1-2</p> <p>Thursday 1-2</p> <p>Friday 1-2</p> <p>Saturday 1-2</p>
	<p>Happy Hours</p> <p>Happy Hour takes place Fridays from 2:30-3:30 PM in the Recreation Room. Beer and wine \$3, low alcohol beer \$2, non-alcoholic punch and refreshments are also served.</p>		<p>Don't Miss</p> <p><u>May 9</u> @ 6:15 piano & singing with Maureen Maguire</p> <p><u>May 10</u> @ 2:30 Mother's Day Tea</p> <p><u>May 15</u> @ 6:15 Davis Master</p> <p><u>May 22</u> @ 2:30 High Tea</p> <p><u>May 23</u> @ 6:30 cello student</p>		<p>Library Book Exchange</p> <p>Every Wednesday</p> <p>1:00 Travelling Library</p> 